

ISSUE 4 | 10 MAY 2024

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### FROM THE PRINCIPAL

#### Welcome back to term 2.

Sadly, the start of the term has been a difficult one for all concerned with the sudden death of one of our Year 12 students as well as a memorial service for Shirley Roulstone who was a staff



member of both Compton Primary School as well as Mount Gambier High School.

I would like to acknowledge both the staff and students who have conducted themselves in an exemplary manner during this time, providing support and assurance to each other. Thank you also to the parents who contacted the school offering their support and condolences.

Circumstances such as these can invoke many emotions over the coming days, weeks or even months. If you are worried about your child please contact one of our School Wellbeing Leaders on 8721 0200 who can be available to provide support:

- Michael Brooks (Senior Years Wellbeing Leader years 10 to 12)
- Alice Collison (Middle Years Wellbeing Leader years 7 to 9)

Additional services are also available. When you contact any of these services you can ask for specific Aboriginal support:

- Your local doctor
- Aboriginal Health Council of South Australia Ltd
- Parent helpline 1300 364 100
- Kids Helpline 1800 55 1800
- Beyond Blue 1300 22 4636
- eheadspace 1800 650 890

Find support for your child on the sa.gov.au website here.



# <u>Upcoming Events</u>

Governing Council
6pm Monday 20 May
Art Crawl Opening Night
6pm @ Metro Friday 31 May

### **Contents**

- 1. From the Principal
- 2. Material & Services Charges
- 3. Showcasing Visual Arts
- 4. Principal's Awards
- 5. Uni Info Sessions
- 6. Uni SA Science Workshops
- 7. Term 2 Canteen Specials

### **MATERIAL & SERVICES CHARGES**

Thank you to those families who have paid their school fees or entered into a payment arrangement. Statements have been posted to those families with outstanding accounts and Governing Council wish to advise that if payment is not received before the end of term 2 action will be taken to recover the debt.

If you believe you may be entitled to School Card assistance, please complete an application form. A School Card form is required to be completed for each family, each year, regardless of the previous year's status. If a form has been completed at a primary school for younger students, a form is also required to be completed at Mount Gambier High School for secondary students. These forms can be collected from the Student Office or completed online using the following link <a href="http://www.sa.gov.au/topics/education-and-learning/financial-help-scholarships-and-grants/school-card-scheme">http://www.sa.gov.au/topics/education-and-learning/financial-help-scholarships-and-grants/school-card-scheme</a> under the Applications tab, selecting the form relevant to your circumstances.

Payment of accounts can be processed via the school website <a href="www.mghs.sa.edu.au">www.mghs.sa.edu.au</a> using the payment link, QKR! App, in person at the student office or alternatively contact the Student Office or Finance Manager to arrange direct debit instalments.

If you are experiencing financial difficulties please contact the Finance Manager to arrange a payment schedule.

Belinda Roughana | Finance Manager

### MEDIEVAL WEDDING

Over the holidays our gorgeous IESP Coordinator, Kirilee Chapman married her long time love, Michael at the Mount Gambier Fantasy Medieval Fair. It was wonderful to see the support from a number of her students who came down to the fair, dressed in costume to support her.

Congratulations to Kirilee and Michael!



### **ADELAIDE ATHLETICS**

Last term our Athletics team competed in Adelaide at the School Sport SA B1 Track and Field Championships. This competition is State wide and each year we come up against a variety of powerhouse public (Adelaide High, Blackwood High) and private (Scotch College, Cornerstone College) schools.

We took a group of 48 students for 121 events. This alone speaks volumes on the huge effort and 'ticker' that our students have. We are very proud of all our students who displayed fantastic perseverance and sportsmanship placing in the top 3 in 38 individual events, including 9 firsts. This allowed us to take home second place out of eight schools who competed, which means we will be back competing in the A2 division in 2025.

Our students must be congratulated for their efforts and the way they represented Mount Gambier High School throughout the whole trip.

Abbey Duncan | Special Sports Coordinator



### ANCIENT AUSTRALIAN HISTORY

Recently the Year 7 Global Perspectives classes had a visit from Boandik Elder, Aunty Michelle Jacqulin-Furr to wrap up their learning about Ancient Australian History. It is fantastic to have these connections with our local community, providing more hands on cultural experiences for our students.

Katherine Schofield | Global Perspectives Teacher



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### SHOWCASING VISUAL ART

#### Term 1 Art Camp

During week 11 last term, year 11/12 Visual Art students ventured to Adelaide to experience a variety of Art inspired activities. Day one began nice and early, leaving Mount Gambier at 6am. Upon arrival in Adelaide it was straight to the SACE Art Show where students were able to view outstanding art and folio submissions from the 2023 South Australian cohort. Our students were inspired to begin creating some amazing artworks this year. Other highlights from day one included contributing to street art at the free graffiti wall under the Morphett Street bridge and a tour of the



contemporary arts building at UniSA where pottery, glass blowing, printing, photography and a range of other arts were displayed.

Day two began at MOD where students explored the interactive exhibit 'Broken' that showcases seven explorations about how the world as we know it could vary. This led to a visit at the Art gallery and a guided tour of their collection prior to engaging in a studio session called 'Opalesence,' where the students learnt about George Cooley, a landscape artist from Coober Pedy and experimented with the Sgraffito technique to create their own masterpieces. To finish off the day the group were treated to a 'Drawing in the Gallery - Comics and Characters' workshop where they toured parts of the gallery to draw on inspiration for their own character, including poses, evil nemesis, side kicks and location.

The final day of the camp started with a walk through the botanic gardens with a stop into the exhibit 'Temple of Flora' which displayed a variety of plants drawn and sculptured before heading back to Mount Gambier.

#### Pottery Workshop

Late last term students from the Art Crawl class participated in pottery workshops, hosted by Peter Johnson, an artist from Semaphore. Peter instructed students on various pottery techniques such as the coil and slap building to create pots, bowls and even some sculptures. The pottery works of art are currently in the process of being fired and glazed. We look forward to a few of these perhaps popping up around town for sale as part of our annual Art Crawl later this term!











#### Sea Weaves

Last week students from FLO and the Year 11 Art Crawl class participated in the Sea Weave community project. Students learnt the traditional craft of weaving to produce small woven rounds from coloured raffia. Their woven rounds will contribute to the sea weave's sculpture to be installed later this year. The sculpture will take on the forms of seaweed and algae which will act as a reminder of the important role seaweed plays in our local waterways.

Rebecca Johnson | Art Coordinator

### PRINCIPAL'S AWARDS

Congratulations to the following students who were recently presented with Principal Awards.



### PORT ADELAIDE FOOTBALL CLUB RESPECTFUL RELATIONSHIPS

On Friday 3 May students from years 9 to 11 were provided with the opportunity to participate in two programs raising awareness of violence against women and building young people's capacity to develop respectful relationships, facilitated by Port Adelaide Football Club in partnership with the Department of Human Services

We would like to thank Port Adelaide Football Club for providing our students with such an important learning opportunity.

Chelsea Whitfield | Aboriginal Education Coordinator



### SEASONS FOR GROWTH



Everyone is affected by change and loss at some time in our lives. At Mount Gambier High School we recognise that when changes occur such as separation, divorce, school transitions and big chanaes young people may benefit from learning the skills to manage these changes effectively. We are

therefore offering an education program called Seasons for Growth which will commence during this term.

This program is facilitated in small groups of up to seven participants and is based on research which highlights the importance of social support and the need to practise new skills to cope effectively with change and loss. The program focuses on building skills such as how to manage feelings, problem-solving, decision-making, effective communication and develops peer support networks. Participation in the program can promote improved self-esteem and self-confidence as well as giving young people the opportunity to find their own voice amid change.

If you think your child/children would benefit from joining the Seasons for Growth program, we encourage you to talk to him/her/them about it. We are pleased to be able to offer this successful program and we are confident that it will be a valuable learning experience for those involved. If you require further information please contact Alice Collison, Middle School Coordinator on 8721 0200 or alice.collison661@schools.sa.edu.au.

Alice Collison | Middle School Wellbeing Leader

### **GOLF COMPETITION**

On Tuesday 2 April Mount Gambier High School was well represented in the South East Zone Golf competition held at Attamurra Golf Course. In cold, wet and windy conditions our golfers battled through the course in both Stablefold and Ambrose competitions.

Representing the school in the handicapped Stableford competition was the big-hitting southpaw Callum Harvey. Playing in one group against a combined schools group, Aaron Dally, Jobe Janeway, Haydn Lowe and Beau Hogan won their Ambrose match-up convincinaly.

Michael Brooks | Senior School Wellbeing Leader

#### UNIVERSITY INFORMATION SESSIONS

A number of our year 12 students recently attended a University Information Session at the Riddoch Art Centre. The students heard from a range of universities from South Australia and Victoria about courses available and support that is available to get them there. The students were encouraged to ask questions and gather information on a range of pathways tailored to the individual student, exploring the possibilities that lay ahead. Thank you to Mr Cook for organising this opportunity. Information sessions such as this spark curiosity within our students and provide goals to aim for during year 12.



Skye Biddle | Year 9/10 Learning and Engagement Leader

### **ROSTRUM VOICE OF YOUTH**



Mount Gambier High School recently had the honor of being represented by a group of talented students at the Rostrum Voice of Youth public speaking competition. Year 9 Student, Bob Lacey delivered a compelling speech on freedoms from data theft technologies, while seniors Amity Sheedy, Kaitlin Boyd, Callum McIntyre-Gregory and Hannah Alagaban took the stage with equally impactful presentations. Amity passionately discussed the theme 'How Much is Enough' in relation to education, Kaitlin touched hearts with her talk on 'The Power of Words' in dealing with grief, Callum confidently explored 'How much is enough freedom' and Hannah poignantly advocated for the voiceless with her speech on 'The Power of Words'

Although the competition was stiff the judges stated it was the closest it has ever been with our students narrowly missed the top spot by just one singular point. Despite this, the school community is incredibly proud of their achievements. Their commitment and enthusiasm not only showcased their exceptional oratory skills but also embodied our school's ethos, 'Nothing Without Effort.' Their performances have made a significant impact within the local community, demonstrating the power and importance of young voices.

Nikki Cook | Head of English/HASS

#### **TERM 2 SPORTS CALENDAR**

SSSA 9/10 Boys Football - Vansittart Park (Round 1)	Week 2 - Tuesday 7 May	
SSSA 11/12 Open Boys Football - Malseed Park (Round 1)	Week 3 - Thursday 16 May	
SEZ 7-9 Mixed Hockey - Blue Lake Sports Park	Week 4 - Thursday 23 May	
SEZ Interschool Cross Country- Hosted by TWC	Week 5 - Wednesday 29 May	
SSSA 7/8 Boys & Girls Basketball - Wulanda Recreation Centre	Week 5 - Thursday 30 May	
(Round 1)	Week 3 - Mursaay 30 / May	
SSSA 11/12 Open Boys & Girls Basketball - Wulanda Recreation	Week 9 - Monday 24 June	
Centre (Round 1)	Week 9 - Monady 24 June	
SSSA 9/10 Boys Soccer - (Round 1)	Week 9 - Wednesday 26 June	
Berri Regional Secondary College Exchange - Bordertown	Week 10- Wednesday 3 July	

Please Note: Dates are subject to change.

Students wishing to nominate for teams must do so by accessing the online form via the DayMap bulletin.

SEZ: South East Zone

### UNI SA SCIENCE WORKSHOPS

Late last term a Chemical Engineer from the University of Adelaide presented to some of our year 8 to 10 Science classes as well as the Senior Chemistry class. Two sessions were run where students engaged with current research, hands on activities and discussed some questions/problems that our world is currently facing.

The first session that was run with year 8 and 9 students was based around how we resource our world and the Periodic Table elements that are required to do this. The highlight of the workshop was the card game, where students were tasked with matching each element card with its potential applications. By critically thinking about the properties of each element and its real-world significance, students enhanced their knowledge of chemistry while also sharpening their problem-solving skills. The workshop fostered curiosity, creativity, and teamwork, making learning chemistry an enjoyable and enriching experience for all participants.

Our Year 10 Science and Year 11 and 12 Chemistry classes looked at Hydrogen fueled cars. Students learnt about our reliance on fossil fuels and the problems that we will be facing as a society because of this. This led to discussions around how South Australia is leading the nation in renewable energy resources and how the demand for hydrogen (specifically) green hydrogen is expected to grow six-fold by 2050. Students applied this learning in a practical setting to a hydrogen-fueled race car and were tasked with trying to make the car last as long as possible. Mount Gambier High School students hold the second longest record across 61 South Australian schools of 13 minutes and 54 seconds.

Grace Edwards | Science Coordinator



### UNIVERSITY SCHOLARSHIP

Congratulations to Moo Sala Win Shwe who was recently awarded a Bendigo and Adelaide Bank funded scholarship. Moo Sala is currently studying a Bachelor of Public Health at the University of South Australia and this scholarship is providing great assistance with her move to study in the city.





## **AVCAT SCHOLARSHIPS**

Tertiary scholarships for children and grandchildren of Australian ex-serving veterans

### \$4000-\$6000 a year, for 3 years

Eligibility: Australian residency or citizenship, child or grandchild of an Australian ex-serving veteran, full-time tertiary student in 2025 enrolled in a minimum one-year course at uni, TAFE or an RTO and in receipt of, or eligible to receive, a means-tested Commonwealth educational benefit - Youth Allowance, ABSTUDY, or Veterans' Children Education Scheme (VCES) or Military Rehabilitation and Compensation Act Education and Training Scheme (MRCAETS) in 2025.

Applications open Vietnam Veterans' Day 18 August 2024 And close midnight 31 October 2024

> Apply online at avcat.org.au



# **MOUNT GAMBIER HIGH SCHOOL CANTEEN TERM 2 THURSDAY SPECIALS**

Week 1 Thursday 2 May Week 2 Thursday 9 May	TACOS  Two tacos served either deconstructed (with tortillas) or in soft pockets.  Includes Mexican beef, Corn, Tomato, avocado, lettuce, salsa and cheese.	\$5.00
Week 3 Thursday 16 May  Week 4 Thursday 23 May	SLIDERS  Two servings of your choice of sliders  Chicken Parmigiana   French Onion Beef    Vegetarian	\$5.00
Week 5 Thursday 30 May  Week 6 Thursday 6 June	SUSHI  Two Servings of sushi rolls with your choice of Fillings.  Teriyaki Chicken   Tuna & Avocado   Vegetarian	\$5.00
Week 7 Thursday 13 June  Week 8 Thursday 20 June	<b>JAFFLES</b> Bolognaise   Spaghetti   Baked Beans *All served with cheese*	\$5.00
Week 9 Thursday 27 June  Week 10 Thursday 4 July	FRIED RICE  One portioned serving of your standard Fried Rice Chicken and Bacon   Vegetarian	\$5.00

<sup>\*</sup> Available via the QKR! App \*

All meals come with the option to add a Juice Box or Ice Cream Cone for an additional \$1.00 - \$2.00